

# National table tennis championship

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## What is it?

The **table tennis championship** is a table tennis competition for players with a disability.



## When?

2-3 October 2010.



## Where?

Sir William Stanier Leisure Centre  
Coronation Street  
Crewe  
Cheshire CW1 4DJ

# Who can take part?



To take part in the junior competition, you must be at least 11 years old on 1 September 2010. But you must not be more than 18 years old.



To take part in the adult competition you must be at least 18 years old on 1 September 2010.

# About the competition

In the national table tennis championships there are 3 different competitions.

- Doubles – 2 people play together in a team against another team of 2 people.
- Open singles – 2 players from different classes play against each other.
- Class singles – 2 players from the same class play against each other.



Your coach or supporter can help you pick the right class and competition. There is more information about this later on in this form.



# What time the games are on the day

**Saturday 2 October 2010**

**9.30am** Registration – Come and tell us you are here.

**9.45am** Opening ceremony – We will talk about what's going to happen during the day.

**10am** The doubles games.

**1.30pm** The class singles games.

**5.30pm** The end of the day.

If we do not finish the class singles games on Saturday, we will finish them on Sunday instead.

### **Sunday 3 October 2010**

**10am** The open singles games

**4pm** The awards will be given out to the winners

**4.30pm** The end of the day

## **How to take part**



**1. Fill in the entry form.** You may need your supporter to help you with this.



**2. Write a cheque to Mencap for £25 to enter.** Send this with your entry form.



**3. Send the form and the cheque** to Mencap Sport, 6a Caldervale Road, Wakefield, West Yorkshire, WF1 5PE.

You must send us your entry form and cheque by **Friday 17 September 2010** to take part.

## If you or your family want to take photos

If you or your supporters want to take any photos or film you must give their name and address to the people at reception. This includes taking photos or filming on a mobile phone. This is so we can make sure we know who is taking photos and filming. This is to keep everyone safe and happy.



## Photos

Mencap may take photos of you or film you at the event. They may use the photos or films on their website or in things like magazines and adverts. They will not give out your name and address or any other details about you.



So that we know you are happy for us to use any film or photos we take of you on the day, please answer the **photography consent** question on this form.



## Where to stay

If you do not live near the leisure centre there are some hotels if you want to stay in the area. Try the Travelodge – they may offer cheaper rooms if you book more than 21 days before you need to stay.



You could also try the website [www.laterooms.com](http://www.laterooms.com)

## If you have any questions

Call **Mencap Sport** on 01924 234 912

Email [sport@mencap.org.uk](mailto:sport@mencap.org.uk)

Or you can go to our website [www.mencap.org.uk/sport](http://www.mencap.org.uk/sport) for more information.



## Information for supporters

The next part of this form is quite hard to understand so please ask your supporter to go through it with you.

# Information for supporters and coaches

## About the competition

The national table tennis championship is part of the Grand Prix series, which is made up of:

- Mencap Sport
- Disability Sports Events
- English Table Tennis Association
- British Table Tennis Association for the Disabled

There are up to four events every year in the Grand Prix series. Players can enter as many of these events as they like and will be awarded ranking points for each one.

The national table tennis competition is made up of the following events:

### Doubles

- Doubles pairings may be mixed (male and female)
- A doubles pairing must be two players from either classes 1-5 or classes 6-10. This means the pair must be either both sitting or both standing (see the classification guide below)
- Players in class 11 (for players with a learning disability) may only pair with other class 11 players.
- Players from class 12 (with a hearing impairment) may only pair with other class 12 players.



## **Open singles (numbers permitting)**

- There will be three bands. Players may only play in one band:
  - Band A – players ranked 1 to 12
  - Band B – players ranked 13 to 25
  - Band C – players ranked outside the top 25
- Each band will be split into 4 groups:
  - Women's wheelchair
  - Women's standing
  - Men's wheelchair
  - Men's standing

## **Class singles**

- Players will play against other players in their group.
- Groups will be split into male and female.

## **The rules**

The national table tennis championships will follow the rules set by the International Table Tennis Federation (ITTF).

## Classification

Entry is open to all players with a disability. Players will be grouped into the following classes:

### Criteria for wheelchair users

<b>Class one</b>	<b>Profiles 1, 2, 4 and 5</b>
For those with power loss. Elbow and wrist extension is achieved by swinging movements of the shoulder. All trunk movements are achieved by holding on to the wheelchair with the hand, or back of the wheelchair with the elbow bent. For those with poor coordination, there are unorthodox arm and trunk movements. A maximum playing-arm score of 45 points for power, range or coordination (P,R or C) is allowed.	
<b>Class two</b>	<b>Profiles 3 and 6</b>
For those with power loss. Elbow and wrist extension is achieved by swinging movements of the shoulder. All trunk movements are achieved by holding on to the wheelchair with the hand, or back of the wheelchair with the elbow bent. For those with poor coordination, there are unorthodox arm and trunk movements. A maximum playing-arm score of 45 points for power, range or coordination (P,R or C) is allowed.	
<b>Class three</b>	<b>Profiles 7, 8 and 9</b>
Trunk affected by more than 50% loss of power, range or coordination. Maximum score for playing arm is 68, or non-playing arm unable to hold on to chair and a maximum score of 48 for P,R or C.	
<b>Class four</b>	<b>Profile 10</b>
Trunk movements to increase reach are only possible by using free arm to prop, hold or push at wheelchair or thigh. P, C or R score for legs is 20 or below.	
<b>Class five</b>	<b>Profile 11</b>
Trunk may be bent forward or raised deliberately in sagittal plane without use of arms. Pushing action with legs is allowed. Scores for P, R or C should be below 45 in each leg.	

## Criteria for standing players

<b>Class six</b>	<b>Profiles 12, 13, 17 and 31</b>
Combination of loss of P, R or C in playing arm and legs. Dynamic and static balance moderately impaired.	
<b>Class seven</b>	<b>Profiles 21, 22, 26 and 29</b>
Mainly arm impairment. Maximum score for P, R or C is 60 for arms. If legs are also impaired a score of 68 is allowed.	
<b>Class eight</b>	<b>Profiles 14, 18, 19, 20, 27 and 28</b>
One leg severely impaired, or two legs moderately impaired. Maximum P, R or C score for one impaired leg is 30 and for both impaired legs is 60. For hemiplegics maximum leg score is 40.	
<b>Class nine</b>	<b>Profiles 15, 20, 23 and 25 (very minimal)</b>
One leg impaired. Some people with impairment in both legs may be more suited to this class. Maximum score for P, R or C is 60 for one impaired limb or 68 for both impaired limbs.	
<b>Class ten</b>	<b>Profiles 16, 24 and 30</b>
Impairment of P, R or C in the non-playing arm or in the trunk. Maximum score is 68 for arm and 50 for trunk.	
<b>Class eleven</b>	<b>Profile 39</b>
Learning disability. Players must hold a national or international registration (see below).	
<b>Class twelve</b>	<b>Hearing impairment</b>
Players who are deaf or have a hearing impairment.	

# National table tennis championships entry form

(Please complete one form for each player taking part)

## Player details

Player name	<input type="text"/>	Date of birth	<input type="text"/> / <input type="text"/> / <input type="text"/>
Club	<input type="text"/>	Male or female	<input type="text"/> M / F
Address	<input type="text"/>		
	<input type="text"/>		
	<input type="text"/>		
Telephone	<input type="text"/> Home	<input type="text"/> Mobile	<input type="text"/> Email

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## Team entries (if applicable)

Team manager name	<input type="text"/>		
Team manager address	<input type="text"/>		
	<input type="text"/>		
Telephone	<input type="text"/> Home	<input type="text"/> Mobile	<input type="text"/> Email

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## Entry details

Class you will play in (refer to the classification guide):

Which events do you wish to enter (please tick): (see information pack for rules)

Doubles  Your partner's name: \_\_\_\_\_

Open singles

Class singles  Your band:  A / B / C \_\_\_\_\_

I enclose a cheque (payable to Mencap) for £25

If you would like a receipt, please enclose an SAE  Yes / No

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## Video and photography consent (please)

Can we use your photograph in printed material and on the Mencap Sport website?  Yes / No

## Declaration of medical conditions

I would like to compete in the national table tennis championship. I understand that Mencap Sport requires me to state any known medical conditions and how they are managed.

Known medical condition(s) or medication taken: (write n/a if there are no medical conditions)

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## Declaration

Signature of player: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of parent or guardian (if player is under age 18):  
\_\_\_\_\_

Please return the completed form, together with your cheque for £25, to **Mencap Sport, 6a Caldervale Road, Wakefield, WF1 5PE**

# Directions to Sir William Stanier Leisure Centre (formerly Coppenhall Sports Centre)



## **By road (from south)**

- Come off the M6 motorway at junction 16 (A500) and turn left to Crewe.
- Travel approximately 2 miles to the roundabout and take the third exit signposted Crewe.
- Travel approximately 1 mile to the next roundabout and take the first exit signposted Crewe and Leighton Hospital.
- Travel approximately  $\frac{3}{4}$  of a mile to the next roundabout and take the third exit signposted Leighton Hospital.
- Travel approximately  $\frac{1}{2}$  a mile past Travelodge to the roundabout and take the second exit signposted Leighton Hospital.
- Stay in the right hand lane, go through the traffic lights onto Sydney Road, through the traffic lights on the bridge and take the second left into Elm Drive.
- Go over the roundabout, turn first left onto Coronation Street then take the second left into Sir William Stanier Leisure Centre car park.

## **By road (from north)**

- At junction 17 of the M6, signposted Sandbach, turn right towards Sandbach through a set of traffic lights.
- Turn left at the next roundabout signposted Crewe and Nantwich.
- Travel about a mile and a half and over the roundabout.
- Travel about 2 and a half miles to the next roundabout with traffic lights.
- Get in the lane that says hospital on the road, stay in that lane and take the 4th exit signposted hospital.
- You will immediately come to a set of traffic lights, follow the sign to the hospital onto Sydney Road.
- Travel half a mile over a bridge with traffic lights and take your second left into Elm Drive.
- Go over the roundabout and turn first left into Coronation Street and then second left in to Sir William Stanier Leisure Centre car park.